



### WHO ARE WE?

Andres Baca and Nelson Perez, Top Performance Tennis Academy (TPT). TPT brings with them a rich background of experience, a passion for the sport, and an unwavering dedication to coaching at the highest level.

TPT has a clear mission and that is to form and educate kids and adults about tennis, teach technique fundamentals, biomechanics, tactics, strategy and more.

### MEET OUR COACHES

#### Nelson Perez - Co-Head Coach



From Maracaibo, Venezuela, he came to Canada in 2014. He's an ITF and Tennis Canada Certified Coach, currently completing his Club Pro 2 Certification. A former Top-10 as a junior in Venezuela. Played competitively in the Future and Challenger tour in Venezuela for two years, and has 15+ years of coaching experience in all levels. Loves music, travelling, movies and sports.

#### Andres Baca - Co-Head Coach



From Maracaibo, Venezuela, he came to Canada in 2014. He's an ITF and Tennis Canada Certified Coach, currently completing his Club Pro 2 Certification. He is a former Top-20 as a junior in Venezuela with 15+ years of coaching experience in all levels, working with athletes from all ages, from beginners to high performance players. Loves fitness, padel, travelling and food.

**“THERE’S NO WAY AROUND HARD WORK. EMBRACE IT.”  
ROGER FEDERER**

## AFTER SCHOOL JUNIOR PROGRAM:

Mon	BEGINNER GROUP (7-10 YRS OLD) 4 PM - 5 PM
Mon	INTERMEDIATE (9-12 YEARS OLD) 5 PM - 6 PM
Tues	ADVANCED (10-14 YRS OLD) 4 PM - 6 PM
Wed	INTERMEDIATES (12-15 YRS OLD) 4 PM - 5 PM
Wed	MINI TENNIS (4-6 YRS OLD) 5 PM - 6 PM
Thurs	ADVANCED (10-14 YRS OLD) 4 PM - 6 PM
Fri	BEGINNER (11-15 YRS OLD) 4 PM - 5 PM
Fri	MINI TENNIS (4-6 YRS OLD) 5 PM - 6 PM

### MINI TENNIS

4-6 years old

- ☑ Focus is on motor skill development and general athleticism
- ☑ Introduce basic movement, stroke production and coordination skills
- ☑ "KidsTennis" method
- 6:1 student to coach ratio

### BEGINNERS

7-11 Little to no experience

- ☑ Promotes a love of tennis and the desire to improve skills
- ☑ Focus on technical and tactical skills, movement, court sense, rules and positioning
- ☑ "KidsTennis" method
- 6:1 student to coach ratio

### INTERMEDIATES

9-12 - Experience and understanding of the basics of tennis

- ☑ Basics of tactical play for singles and doubles
- ☑ Emphasize swing rhythm for forehand and backhand
- ☑ Introduce topspin
- ☑ Differentiate between volleys and ground strokes
- ☑ Focus on different serving styles as well as return of serve
- 4:1 student to coach ratio

### ADVANCED

10-15 - Starting to play points and to develop consistency with groundstrokes and serve

- ☑ Competitive and pre-competitive level players
- ☑ Training includes aerobic, physical and mental conditioning, instructional drills and challenge matches of singles/doubles
- ☑ Move beyond recreational to competitive level
- ☑ Expectation is to complement training with participation in local tournaments and leagues
- 4:1 student to coach ratio



# SUMMER CAMP:

9 WEEKS - JULY AND AUGUST 2024

**PRICING:**  
**HALF-DAY: \$275+HST**  
**FULL-DAY: \$380+HST**  
**ASK FOR PRICE ON 4-DAY WEEKS**

**SCHEDULES:**  
HALF-DAY MORNING: 9AM-12PM  
HALF-DAY AFTERNOON: 1PM-4PM  
FULL-DAY: 9AM-4PM

WEEK 1: July 2 - July 5 (4-day week)

WEEK 2: July 8 - July 12

WEEK 3: July 15 - July 19

WEEK 4: July 22 - July 26

WEEK 5: July 29 - Aug 2

WEEK 6: Aug 6 - Aug 9 (4-day week)

WEEK 7: Aug 12 - Aug 16

WEEK 8: Aug 19 - Aug 23

WEEK 9: Aug 26 - Aug 30

